

September 2016

Senn Thomas & Herculaneum Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

Did you know...

Shakespeare did not mention
September in any of his plays?

5

No School
Labor Day

6

Sausage & Cheese
English Muffin
Or
Jumbo Waffles
Assorted 100% Fruit Juice
Assorted Fruit

7

Assorted Fruit Frudel
Or
Cheesy Scrambled Eggs
w/ Toast
Assorted 100% Fruit Juice
Assorted Fruit

1

Pancake Sausage
Wrap on a Stick
Or
Assorted Fruit Frudel
Assorted 100% Fruit
Juice
Assorted Fruit

2

Breakfast Sliders
Or
French Toast Sticks
Assorted 100% Fruit Juice
Assorted Fruit

Early Release Day!

8

Egg & Cheese Biscuit
Or
Fresh Baked Cinnamon
Roll
Assorted 100% Fruit Juice
Assorted Fruit

9

Mini Pancakes
Or
Breakfast Pizza
Assorted 100% Fruit Juice
Assorted Fruit

12

Breakfast Bites
Or
Fresh Baked Cinnamon
Roll
Assorted 100% Fruit Juice
Assorted Fruit

13

Sausage & Cheese
English Muffin
Or
Jumbo Waffles
Assorted 100% Fruit Juice
Assorted Fruit

14

Breakfast Boat
Or
Pancakes
Assorted 100% Fruit Juice
Assorted Fruit

15

Dutch Waffle
Or
Bagel w/ Cream Cheese
Assorted 100% Fruit
Juice
Assorted Fruit

16

Breakfast Sliders
Or
French Toast Sticks
Assorted 100% Fruit
Juice
Assorted Fruit

19

Breakfast Burrito
Or
French Toast Sticks
Assorted 100% Fruit
Juice
Assorted Fruit

20

Sausage & Egg Biscuit
Or
Fresh Baked Cinnamon
Roll
Assorted 100% Fruit
Juice
Assorted Fruit

21

Biscuit & Gravy
Or
Mini Filled Bagels
Assorted 100% Fruit
Juice
Assorted Fruit

22

Egg & Cheese Sandwich
Or
Pancakes
Assorted 100% Fruit
Juice
Assorted Fruit

23

Breakfast Bites
Or
Bagel w/ Cream Cheese
Assorted 100% Fruit
Juice
Assorted Fruit

26

No School

27

Breakfast Sliders
Or
French Toast Sticks
Assorted 100% Fruit
Juice
Assorted Fruit

28

Assorted Fruit Frudel
Or
Cheesy Scrambled Eggs
w/ Toast
Assorted 100% Fruit
Juice
Assorted Fruit

29

Egg, Sausage, Cheese
Tac-Go
Or
Jumbo Waffles
Assorted 100% Fruit
Juice
Assorted Fruit

30

Breakfast Pizza
Or
Mini Pancakes
Assorted 100% Fruit
Juice
Assorted Fruit

***Menu is subject to change!

Breakfast includes:

- Entrée of bread and/or protein
- 100% 4 oz Juice
- ½ c fresh, frozen, canned fruit
- Choice of Cold Milk

Daily Alternate Breakfast Entrée

- Chocolate or Powdered Donuts
- Honey Bun
- Fruit & Yogurt Parfait w/Granola
- Assorted Cereal w/ Graham Crackers
- Assorted Benefit Bars
- Assorted Poptart
- Assorted Large Muffins

Meal Prices

Student Breakfast \$0.00
Student Lunch \$2.50

Adult Breakfast \$1.60
Adult Lunch \$3.25

School News

Sept 2nd – Early Release Day

Sept 5th – No School – Labor Day

Sept 26th – No School

No more worrying about lost lunch money. Pay your child's meal account online at <http://dunklin.revtrak.net>.

Help hint: deposit \$50.00 into your students account for lunch this month

*****Every grain item is whole grain

USDA is an equal opportunity provider and employer.